

UPMC | WESTERN  
BEHAVIORAL HEALTH

HealthChoices

UPMC  
CHILDREN'S  
COMMUNITY PEDIATRICS

UPMC  
HEALTH  
PLAN

# Improving Patient Care Thru Patient and Parent Experience

## TIPS Autism and IDD Conference

Abigail Schlesinger

Kate Swenson

April 25, 2024

UPMC  
CHILDREN'S  
HOSPITAL  
FOUNDATION

# Outline - finalize

- Abigail Schlesinger
  - Welcome
  - Nuts and Bolts
  - Thumb-nail sketch of TIPS
  - How we got here
  - More Resources
- Kate Swenson

# Nuts and Bolts



# *Thank You for Attending!*

*A few housekeeping items:*

- Please leave room for others to sit.*
- Please silence your phone.*
- Restrooms are to the left of the registration tables in the lobby area.*
- Parking vouchers can be obtained at the registration desk.*



The slides and all materials that have been received from our speakers are available at [Program and Conference Materials | Education and Consultative Services \(pitt.edu\)](#)



# Continuing Education and Continuing Medical Education Credits

- You will receive an e-mail regarding the evaluation and securing your continuing education (CE) and continuing medical education (CME) credits *from Nancy Mundy by Monday, April 29th.*
- However, if you are familiar with the process, you can begin your program evaluation before then. The evaluation will be available today at 4:30 PM.



# Continuing Education and Continuing Medical Education Credits

- To start your evaluation, please log in at <https://cce.upmc.com/>, and click on Account, then “My Activities”, and then “Pending Activities”. If links do not work, simply copy and paste the info into your browser. You’ll be directed to “complete registration”. Click on that box and you’ll be taken to the evaluation page.
- Your evaluation should be completed by **May 31<sup>st</sup>** .



# Continuing Education and Continuing Medical Education Credits

- Certificates for *psychologists (APA)*, *physicians (CME)*, *social workers*, *licensed professional counselors*, and *licensed marriage and family therapists (ASWB)* and *nurses (ANCC)* can be claimed once the evaluation is completed.





# Continuing Education and Continuing Medical Education Credits

- Certificates for *National Certified Counselors (NCC)* and *General Continuing Education Units (CEU)* will be processed from our office and emailed to you four to six weeks after the event.

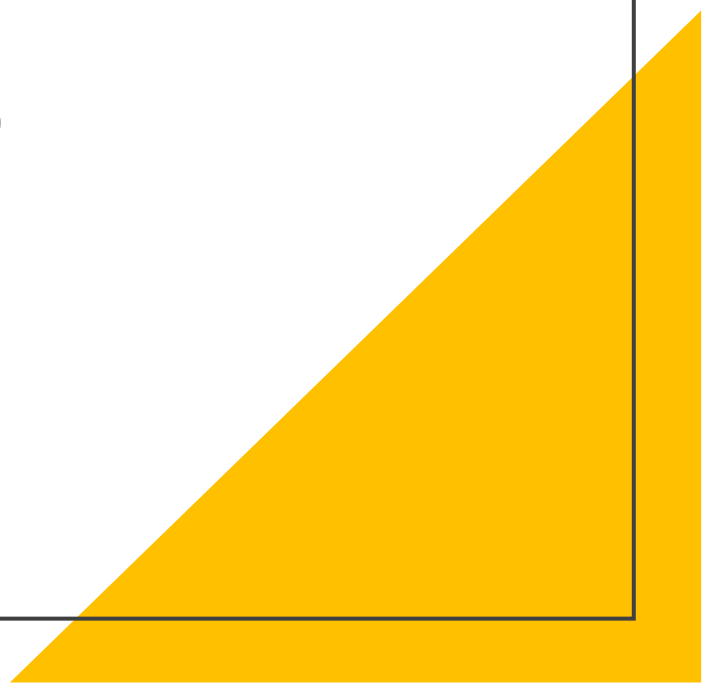


# Questions?

- Please contact Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu) for questions regarding continuing education credits.



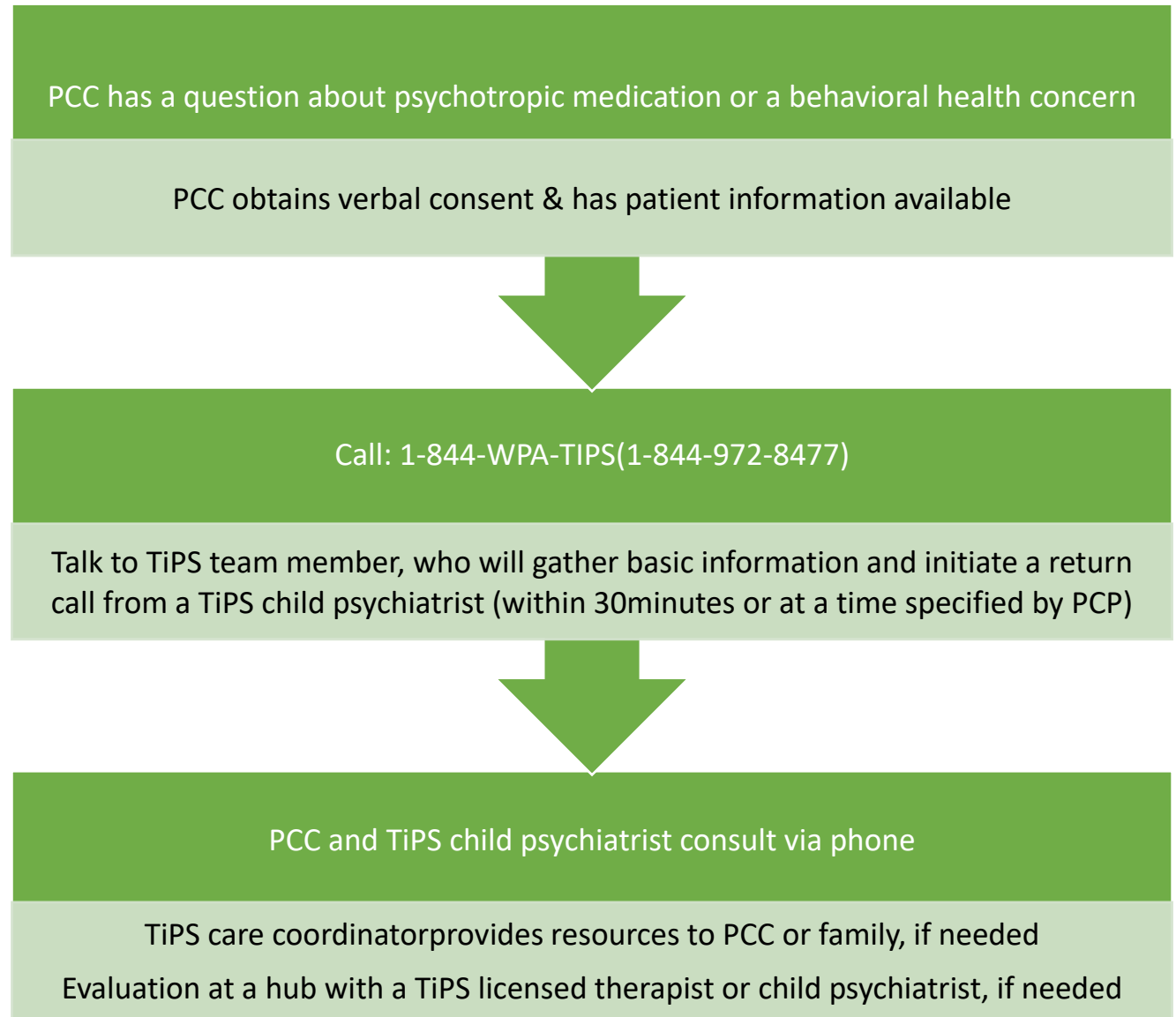
What is TIPS



# Goals of Children's TiPS (Telephonic Psychiatry Services)

- TiPS is a **FREE** service to help primary care clinicians(PCCs) deliver high quality psychotropic services for children and adolescents served by medicaid by providing:
  - Psychiatric curbside consultation Monday - Friday 9-5pm
  - Additional training on the use of psychotropic medication and responding to behavioral health issues in a primary care setting
  - Direct consultation with patients when needed in Pittsburgh and Erie with a licensed therapist and/or child psychiatrist
  - Facilitated referrals to community providers when child/adolescent would benefit from additional behavioral health services

# Process



# Who qualifies for TIPS

## Patient:

### HealthChoices Northwest

- AmeriHealth Caritas PA
- Geisinger
- Health Partners
- UPMC
- 

### HealthChoices Southwest

- Amerihealth Caritas PA
- Geisinger
- HealthPartners
- Highmark Wholecare (formerly Gateway)
- UPMC
- 

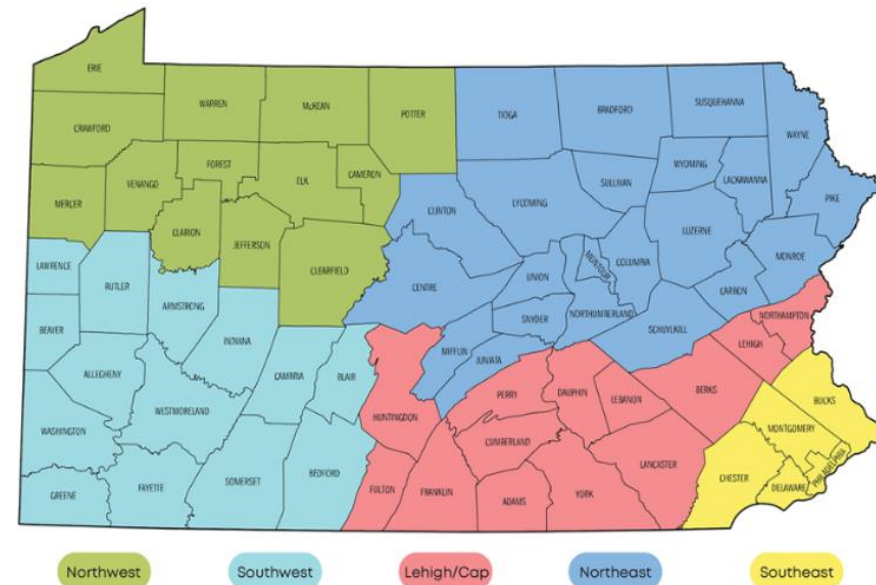
### PA CHIP Insurance Companies

- Aetna Better Health Kids
- Highmark Choice Company (Highmark)
- UnitedHealthCare Community Plan of PA (for kids)
- UPMC for Kids
- Geisinger Health Plan

### UPMC Commercial

## Ongoing Care Provider

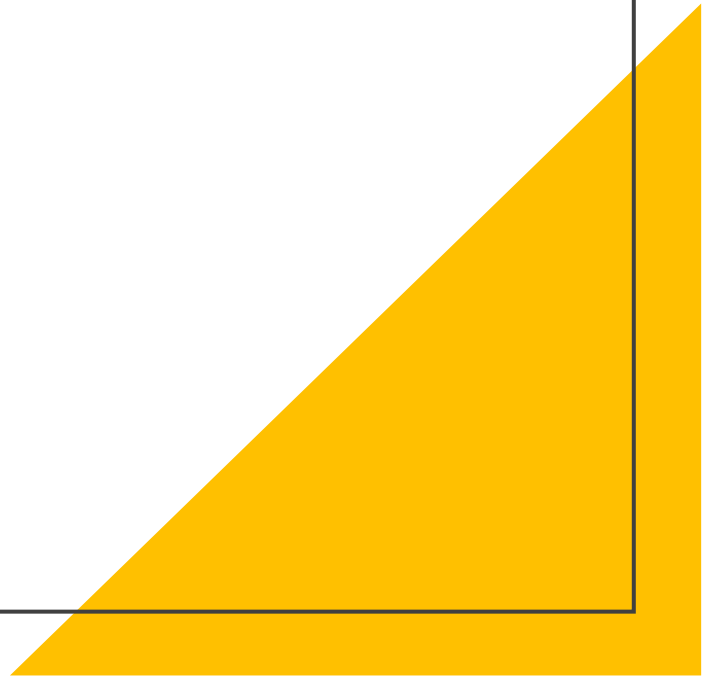
- Primary Care Provider in NW or SW region of Pennsylvania



# Process for Designing this Conference

- Pediatric Primary Care Providers asked for more information on Autism every year since 2016
- Decision to focus on autism and include parent perspective
- Oversight committee created with >50% representation from family voice
- Children's Foundation and UPMC Health Plan added to our budget
- Here you are...
  
- FYI – a more physician-oriented virtual conference will be held in the fall for physicians

More  
resources





# Vendors

PEAL

Parent-to-Parent

Allegheny Family  
Network

Achieva

Office of  
Developmental  
Support

Outspoken

Pitt  
Autism/Center of  
Excellence

Autism Urban  
Connection

Storm Harbor

Best Buddies

PA Able

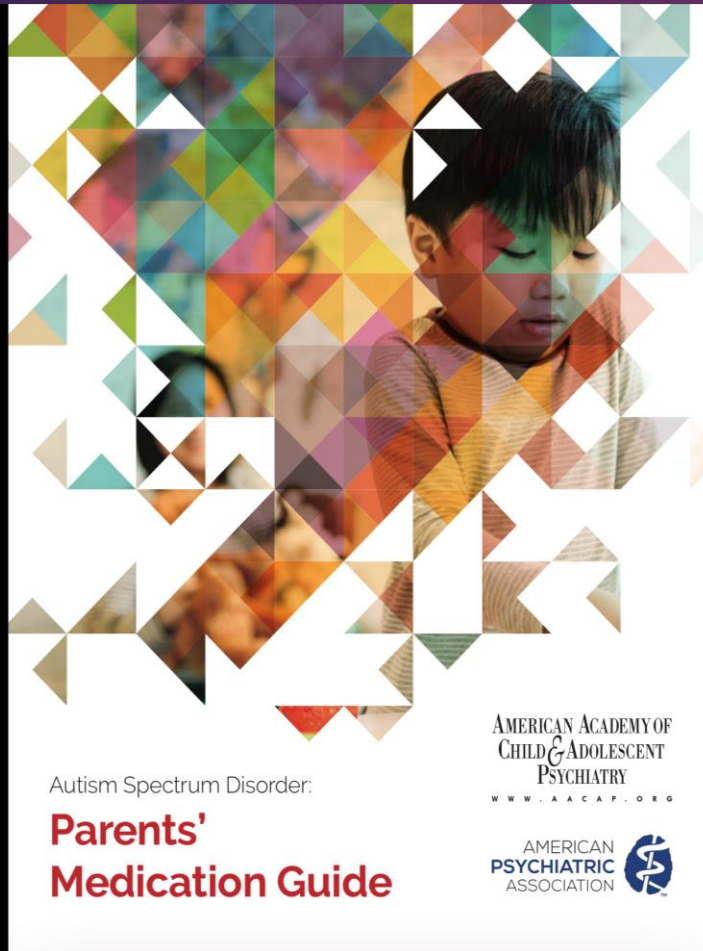
Kate Swenson –  
Keynote

TIPS

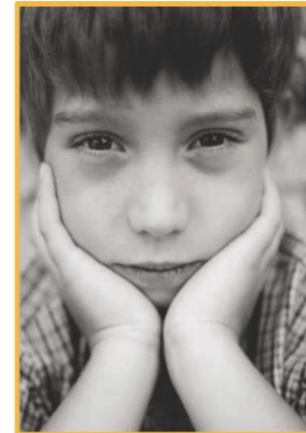
Down Syndrome  
Association of  
Western PA

University of  
Pittsburgh OT  
Snsory Room

# Parent Guides



## Autism: Should My Child Take Medicine for Challenging Behavior?



A Decision Aid for Parents  
of Children with Autism  
Spectrum Disorder



*This toolkit is funded in part by cooperative agreement UA3 MC 11054 through the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Research Program.*

[Autism Spectrum Disorder Parents Medication Guide.pdf \(aacap.org\)](#)  
[ATN/AIR-P Medication Decision Aid | Autism Speaks](#)



PAautism.org

 Website: [www.PAautism.org](http://www.PAautism.org)

 Email: [info@PAautism.org](mailto:info@PAautism.org)

 Phone: 877-231-4244

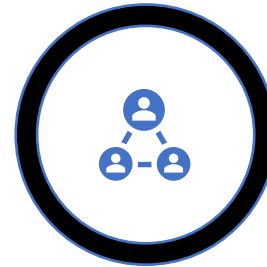
**ASERT is funded by the Bureau of Supports for Autism and Special Populations, Office of Developmental Programs, PA Department of Human Services**

# What does ASERT do?



## EDUCATE

Individuals with autism and their families, professionals, and community members



## SUPPORT & CONNECT

The autism community throughout Pennsylvania to local, regional, and statewide resources



## BUILD

Resources, programs, and innovative projects



## MEASURE

Data, needs, and change

# Role and Purpose of ASERT

Bring together local, regional,  
and statewide resources



Develop innovative projects  
based on data, community  
need, and commonwealth  
priorities



Support (not replace) existing  
community efforts and  
activities



# Connect on Social Media

